

## Faculty

### Joann Benjamin MA, PT, HPCS

Joann has been practicing Physical Therapy for more than 30 years, specializing in the use of Hippotherapy for children and adults. She has a background in neuro rehab, and currently specializes in pediatrics/early intervention, working in the Los Angeles area. She has taught about Hippotherapy internationally as a Faculty Coordinator with the American Hippotherapy Association (AHA, Inc). She is Board Certified as a Hippotherapy Clinical Specialist. She served on the board for the American Hippotherapy Association, Inc. and the American Hippotherapy Certification Board (AHCB). She serves on the Adaptive Sports Committee and the Para Equestrian Technical Committee with the USEF, and is a Classifier for the USEF and the FEI for competitive dressage and driving for equestrians with disabilities.



Leaps & Bounds Pediatric Therapy Inc.  
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(951) 893-5135  
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www.leapspediatric.org

## Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

## Directions/Hotel Information

Our main office facility is located at 2200 Hamner Ave. Ste. 107 in Norco CA. Registration and payment should be directed to this address. Our ranch address will be provided with course confirmation via email, prior to the course. Air travel is recommended to Ontario, CA, which is about a 20 minute drive from our facility. The Marriott Fairfield Inn located at 3441 Hamner Ave. in Norco, just a few blocks from our facility. The Hampton Inn is located at 1530 Hamner in Norco, and also close. Our staff can arrange daily pick up and drop off, should you be interested. Daily snacks and lunch is included in your course registration fee, though there is also a kitchen to store your own food, should you prefer. Check out our website for information about our facility and practice. [www.leapspediatric.org](http://www.leapspediatric.org)



Presents

**AHA Inc. Approved Level I**

**Treatment Principles**

**May 18-21<sup>st</sup>, 2017**



**Leaps & Bounds Pediatric Therapy**

**Norco, CA**

The curriculum may be utilized only under conditions set forth by AHA, Inc.

## Level I Treatment Principles

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTS, SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse; groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, **teamed with their therapist**. Graduate occupational, physical and speech therapy students must be in their last semester of graduate

school to be eligible to attend this course for credit.

## Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes breakfast and lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 170lb, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

**Cancellation Policies:** AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$115 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

**Course prerequisite:** Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. You must send a copy of your certificate of completion to the host facility. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #/exp: \_\_\_\_\_

New memberships are accepted. Join today at [www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials as listed on course certificate:**

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler / Administrator / Other \_\_\_\_\_

Special needs-mobility restrictions/diet/ect.: \_\_\_\_\_

Registration space is limited to 14 spots!

**Early registration on or before March 1, 2017**

\_\_\_\_\_ \$750 for AHA, Inc. Member/\$875 for Non-AHA, Inc. Member

**After March 1, 2016**

\_\_\_\_\_ \$800 for AHA, Inc. Member/\$925 for Non-AHA, Inc. Member

\_\_\_ Check - payable to **Friends of Leaps & Bounds Pediatric Therapy**

\_\_\_ Charge MC VISA AM EX

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing zip code \_\_\_\_\_