

# **WELCOME TO FOLB!**

#### **HELLO!**

Friends of Leaps & Bounds is a 501(c)(3) nonprofit serving individuals with disabilities through the magic of horses! Partnering with Leaps & Bounds Pediatric Therapy, we help clients reach their full potential and support the whole family. Based in the Inland Empire, we serve those who face challenges in participating in typical activities. While our focus is pediatrics, we welcome all ages to grow by leaps and bounds.

#### WHAT IS ADAPTIVE RIDING?

Adaptive Riding (AR) is a recreational program that uses equine-assisted activities to enhance the cognitive, physical, emotional, and social well-being of individuals with disabilities. AR also promotes health, education, recreation, and leisure. Instruction includes horseback riding, horsemanship, and equine topics such as anatomy, tack, and care.

#### WHO IS AR FOR?

AR is designed for individuals with disabilities aged 4 and up who want to enjoy horseback riding, horsemanship, and equine knowledge. Riding improves flexibility, strength, balance, confidence, socialization, and outdoor recreation. Our instructors have experience working with a variety of disabilities.

We also welcome individuals without disabilities to join this inclusive program!

Each participant completes an intake assessment with an AR instructor to determine their riding ability. Therapists from Leaps & Bounds are available to consult with AR instructors as needed, ensuring safety and personalized support.

#### UNMOUNTED HORSEMANSHIP EDUCATION

On windy, rainy, or hot days, or as part of regular learning, participants engage in unmounted activities like grooming, tacking, and horse care. These lessons build confidence, independence, and safety while encouraging memory, critical thinking, and peer interaction through equine-themed games and hands-on learning.





Leaps parents are critical to the continued success of the nonprofit! Here are three easy ways to get involved:

- 1. Attend Friends of Leaps & Bounds sponsored events including the Saddle Up for Pediatric Therapy Gala on April 26, 2025; the fall Barn Bash on September 27, 2025; or monthly Parent Group gatherings on the second Saturday of each month. If you can't attend, there are opportunities to create fundraising pages in honor of your child, your favorite staff or favorite animal! Our parents are often blown away by the generous support of their family and friends, their employer, and everyone in their circle who want to help the place that helps their child!
- 2. **Make a tax-deductible donation** in any amount. Opportunities include Giving Tuesday on December 2, 2025; end-of-year holiday giving; matching employer gifts; and ongoing opportunities to sign up for monthly recurring giving. Every donation helps children move closer to their goals.
- 3. Lastly, spread the word! Share your personal Leaps experiences with friends and family. Utilize social media to like and comment on content or giving campaigns. Talk about the good works and efforts being made to improve the lives of children through our programming. Keep an ear out for opportunities for grants or people interested in volunteering and supporting, at your employer, your friends and family's employers, and everyone you might know!

We hope to provide your family with a feeling of support, happiness, joy, and love while you are here, and we need your help to keep Leaps going! Leaps would not exist as it is now without the support of Friends of Leaps & Bounds. It is a unique and innovative way to keep serving the disabled community and families right here in the Inland Empire. This life-changing work is impossible without all of us coming together to leverage our connections and resources. Please consider how you might demonstrate your support of the nonprofit in the coming year as we continue to serve your children and hundreds of others just like them.

If you have questions about the nonprofit or would like to get involved with a committee or in any other way, please reach out to Katie at kstout@leapspediatric.org.

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Dr. Cassandra Sanders-Holly, PT, DPT, PCS Founder & CEO

Leaps & Bounds Pediatric Therapy

Katie Stout
Executive Director
Friends of Leaps & Bounds Pediatric Therapy





# RIDER INTAKE FORM

RIDER INFORMATION			
Rider Last Name:	First Name:		Middle I:
Current Address:			
City:			Code:
Date of Birth: /	Ethnicity:		
Gender: M F		rican American	
Height:Weight:	Asian/Pacific Islander O	ther/Unknown	Decline to answer
PARENT/GUARDIAN IN	FORMATION		
1.Parent/Legal Guardian Last Name: _	First I	Name:	Middle I:
Cell Phone #:	Work Phone #:_		
Email:		Single M	arried Divorced
Relationship to patient:			
2.Parent/Legal Guardian Last Name:	First I	Name:	Middle I:
Cell Phone #:	Work Phone #:_		
Email:		Single M	arried Divorced
Relationship to patient:			
EMERGENCY CONTACT			
Name of Emergency Contact:		Phone #:	
Relationship:			
Name of Emergency Contact:		Phone #:	
Relationship:			
GENERAL INFORMATIO	N		
Medical Conditions/Diagnosis, if any:			
Allergies, if any:			
Returning Rider? Yes or No			
	bsite		
Other:			



### RIDER'S HEALTH HISTORY

# GENERAL INFORMATION Any conditions that would prevent your rider from sitting, standing, walking, lifting, or carrying more than 25-45lbs, or riding a horse? Yes No If yes, please describe: Adaptive Devices: Wheelchair, Braces, Crutches, Walker, Cane, Other Yes No If yes, please describe: Verbal or Non-verbal: Precautions/Contraindications? (Circle all that apply) Orthopedic: Spinal Fusion, Instabilities/Abnormalities, Atlantoaxial Instabilities, Scoliosis, Kyphosis, Lordosis, Hip Subluxation and Dislocation, Osteoporosis, Pathological Fractures, Coxas Arthrosis, Heterotopic Ossification, Cranial Deficits, Spinal Orthoses, Internal Spinal Stabilization Devices. Medical/Surgical: Extreme Allergies, Cancer, Poor Endurance, Recent Surgery, Diabetes, Peripheral Vascular Disease, Varicose Veins, Hemophilia, Hypertension, Serious Heart Condition, Stroke (Cerebrovascular Accident). Neurologic: Hydrocephalus/Shunt, Spina Bifida, Tethered Cord, Chiari II Malformation, Hydromyelia, Paralysis due to Spinal cord Injury, Seizure Disorders. Therapies received, if any: \_\_\_\_\_ IEP goals, if any: I would like my child to work on the following in this recreational program: Help us get to know your rider, share some of their likes and dislikes: I, the undersigned, declare that the above information is true and accurate. Signature of Parent/Legal Guardian/Responsible Party Date



# **GENERAL PROGRAM POLICIES**

# POLICIES

#	INITIAL	POLICY
1		Please arrive a few minutes early for your lesson. This will give you a chance to use the restroom, get your helmet on, and be ready to start on time
2		Excessively late arrivals will not be accommodated, and a cancellation may be assessed. The horses will be put away after 15 minutes.
3		Payment is due 24 hours prior to the lesson otherwise there will be a 10% late fee. Riders with outstanding invoice payments will not be allowed to ride.
4		Riders without proper attire will not be allowed to ride. If able, lessons will be adapted for the day but will be pending other riders in the group and up to the instructor's discretion.
5		Rider must acquire an ASTM-SEI riding helmet by second lesson. Riders may borrow a facility helmet for the first lesson.
6		If your helmet is forgotten in subsequent lessons, rider may borrow a facility helmet, but helmet fitting will take away time from the lesson time.
7		Weather may dictate if the session is mounted or unmounted and will be at the instructor's discretion. Instructors are well trained in conducting (F)UNmounted horsemanship skills and make the lesson fun and educational for all.  Horsemanship education may be indoors or out on the ranch. Lessons are not cancelled due to the weather.
8		FOLB reserves the right to remove riders from their reoccurring schedule if they have excessive cancellations, repeated failure to pay promptly, or other potential circumstances. Riders may be placed on a week-by-week flex schedule.
9		Riders will be responsible to call (951) 339-3510 / email adaptiveriding@leapspediatric.org to schedule lessons on an available basis.
10		Should excessive cancellations, repeated failure to pay promptly, or other potential circumstances continue after being placed on the week-by-week schedule, FOLB reserves the right to permanently remove your rider from the schedule.  **
11		All parents and guardians are required to remain on campus during the time of their rider's lesson.
12		All parents and guardians are required to stay out of the arena for safety reasons. Do not enter the lesson area unless asked by the instructor.
13		If you have questions about payments, cancellations, or anything related specifically to adaptive riding, please use the phone number (951) 339-3510.
14		Invoices must be paid:  • Electronically by credit card using the invoice emailed to you.  • By cash or check placed in the AR Payment drop box. **Exact cash only **.  (The drop box is located in the parent viewing area at the Sierra campus.)

I, the undersigned, declare that the above information is true and accurate.							
Signature of Parent/Legal Guardian/Responsible Party		Date					



#### NO SHOW & CANCELLATION POLICY

At Leaps & Bounds, we strive to provide high-quality Adaptive Riding sessions that are safe, impactful, and accessible to as many children as possible. To ensure the success of our program, we ask all participants to review and agree to the following attendance and payment policies. These policies are designed to maximize program efficiency, respect the time of our staff and volunteers, and allow us to serve more families in need. Please read the following carefully and sign to acknowledge your understanding and agreement.

#### **TARDINESS**

Late Arrivals are defined as anyone who arrives 15 minutes past their scheduled lesson start time. If the rider arrives late to their group lesson, may not be able to participate due to possibly interrupting the other rider's in the group lesson that has already begun. Any client who arrives 15 minutes late will not be able to participate in their scheduled lesson for the day because they will not have ample time to properly prepare the horse for the lesson, have the client ride, and then properly untack and care for the horse after the lesson.

#### LATE CANCELLATION / NO-SHOW - ZERO TOLERANCE POLICY

Adaptive Riding payments do not cover a rider's full costs, and the program is subsidized through nonprofit funding from many generous donors. Although occasionally necessary, "No-Shows", "Cancellations", or "Late Arrivals", are detrimental to the program, including unintended consequences such as:

- Inefficient use of staff and volunteers, leading to increased program costs
- Unnecessary tacking and untacking of our horses
- Preventing other children on our wait list from participating

No-Shows are defined as lessons not kept without communication and will be charged for the full session. **No make-up lessons will be offered.** 

Cancels are defined as a lesson not kept with prior communication. With a minimum one-week advance notice, a session may be able to be rescheduled based on instructor availability and client previous cancellation history.

#### GENERAL APPOINTMENT POLICIES

- Any outstanding fees due must be paid for rider to resume sessions. Client must pay 24 hours prior to lesson start time or will assume a 10% late fee.
- To cancel a lesson, please email ARcancellations@leapspediatric.org or call (951)339-3510 (leave a message if necessary).
- Excessive cancels (3 or more without advanced notice of 1 week), no-shows, or late arrivals (more than 1), may be placed on a week-by-week flex schedule. \*\*Please see above policy 8 in Adaptive Riding Policies \*\*
- No-Shows will not be allowed to make-up the lesson and will be charged the full session fee amount.
- Make-up is only allowed within 30 days of missed lesson and is strictly on an "as available" basis. Please note this means that make-ups will not be guaranteed. It is the rider or guardian's responsibility to call (951)339-3510 or e-mail <a href="mailto:adaptiveriding@leapspediatric.org">adaptiveriding@leapspediatric.org</a> to schedule the makeup. If we do not hear from you, that lesson will be forfeited.
- Once makeup is scheduled, it must be kept. Canceled makeup lessons will be forfeited.

I have read and understood that Friends of Leaps & Bounds Pediatric Therapy's No Show, Late Arrival, and Cancellation Policies.	
I, the undersigned, declare that the above information is true and accurate.	
Signature of Parent/Legal Guardian/Responsible Party	Date



# ATTIRE & EQUIPMENT GUIDELINE

To ensure the safety, comfort, and success of all participants, proper attire and equipment are required for every Adaptive Riding session. These guidelines help protect riders, maintain program standards, and support a positive experience for everyone involved. Please carefully review the following requirements before your scheduled lesson. Riders who arrive without the appropriate attire or equipment will be unable to participate, and the full session fee will still apply. Thank you for your understanding and cooperation in helping us prioritize safety and success!

#### REQUIRED PROPER ATTIRE

Anyone to arrive not wearing proper attire will not be able to participate in the lesson. The lesson will still be charged at full lesson price.

- ASTM-SE I approved horseback riding helmets. Can be purchased from: Amazon, Stateline Tack, or Thrifty Horse. Bike Helmets are not allowed.
- Closed-Toe tennis shoes with rubber soles, cowboy/cowgirl boots, English paddock boots, or western lace up boots are permitted. Open toed, mule-type, Crocks, boots with a slick outsole, slip-on shoes, and rain boots are NOT permitted.
- Long pants must be worn to protect rider's legs from the saddle or equipment used on the horse.
- Braces or other prescribed equipment that the client wears will be allowed but will be a part of the discussion during the rider evaluation to address any accommodation needed to make sure the rider is safe during their lessons.

#### OPTIONAL ATTIRE & EQUIPMENT

- Leather riding boots (Western or English)
- Jeans, riding breeches, or jodhpurs
- Lightweight jackets when weather is cool.
- Leather gloves (hand protection is beneficial)

#### PROVIDED EQUIPMENT AT LESSONS:

Friends of Leaps & Bounds will provide the following equipment and tools to support your/your child's adaptive riding experience:

- Horse
- Saddles, Saddle Pads, Bareback Pads and Bridles
- Grooming equipment and items for hands-on activities

I have read and understood that Friends of Leaps & Bounds Pediatric Therapy's required attire and equipment guideline.	
I, the undersigned, declare that the above information is true and accurate.	
Signature of Parent/Legal Guardian/Responsible Party	ate



# PRICE BREAKDOWN SHEET

#### **GENERAL PRICING**

- First-Time Evaluation Fee: \$75.00
- Private Lessons: \$100.00
- Group Lessons(3 more riders in a lesson): \$80.00
- (Lesson type is based on the rider's intake assessment and at the instructor's discretion.)

#### FINANCIAL HARDSHIP

Financial hardship assistance may be available in extreme cases. Applications are available on the organization's website.

#### PRICING OPTIONS

At Friends Leaps & Bounds, we offer flexible package options to accommodate the unique needs of our families and riders. Whether you prefer a pre-paid session plan, pay-as-you-go lessons, or enrollment through a charter school, we are committed to providing a seamless and positive experience. Each option is designed to meet your scheduling and financial preferences while ensuring consistency and sustainability for our program. Please review the details of each package carefully and select the one that best suits your needs.

OPTION A	OPTION B	OPTION C
Pre-Paid 6-week Sessions	Pay Per Lesson	Charter School Students
<ul> <li>Client prepays for 6 weeks of lessons (6 lessons). Payment must be received at least 24 hours prior to the first lesson within the package. 10% discount is applied to the entire lesson package.</li> <li>Invoices are emailed before the session start.</li> <li>There are no breaks on Option A and sessions repeat weekly. (The attached calendar is only applicable for holiday closures.) Cancellations with advanced notice (1 week or more) are eligible for a make-up on an "as available" basis.</li> <li>One cancellation with less than 1-week notice per 6-week session is eligible for a make-up.</li> <li>All make-up lessons must be conducted within 30 days of the cancellation.</li> <li>Once a make-up lesson is scheduled, it must be kept. Canceled make-up lessons will be forfeited.</li> <li>No make-up lessons will be offered for "No-Show" lessons.</li> </ul>	<ul> <li>Rider pays weekly, prior to each lesson. (invoices are provided monthly to be paid weekly, please keep email with link)</li> <li>There are no breaks on Option B and sessions repeat weekly. (The attached calendar is only applicable for holiday closures.)</li> <li>Cancellations will be assessed at 50% of the lesson fee.</li> <li>No Shows will be charged the full session price.</li> <li>No makeups are available.</li> </ul>	A charter PO must be provided every month prior to lessons. Please do not combine months together, each month must be separate.  We have previously worked with:  Empire Springs  Granite Mountain  Innovations Learning  Inspire (Cabrillo point)  Inspire (Mission Vista)  Inspire (Pacific Coast Academy)  IEM Schools  River Springs  Sage Oak  Sky Mountain  Makeups are only allowed within the same month as the authorized PO, "as available."  Charter school will be invoiced only for services rendered.  Please inform your instructor when scheduled sessions fall on non-school holidays. In some cases, we cannot honor lessons on these days according to contracted language, and rescheduling may be necessary so that those funds are not lost on both sides.



# RELEASE OF LIABILITY

All new and current patients must have a signed Release of Liability form on file, should you ever need to reschedule at another location.

OUR NORCO SIERRA CAMPUS IS AN EQUINE FACILITY. All activities on the grounds are subject to the Equine Inherent Risk Law. By your presence on these grounds you have indicated that you have accepted the limits of liability resulting from inherent risks of equine activities. THIS IS NOT A SPECTATOR AREA. All persons in this area (visiting 3767 Sierra Ave. in Norco, CA) will be regarded as participants and limited by the INHERENT RISK LAW. This law is strongly supported by The American Horse Council.

This Release and Waiver of Liability (the "Release") executed on this day of, 20 on behalf of	, a minor child (the "Participant"), by
, the parent having legal custody and/or the legal guardianship of the Participant (the "Guardian"), releases F	riends of Leaps and Bounds ("FOLB"), a
FOLB organization organized and existing under the laws of the United States as a Section 501c3 tax exempt corporation, each of its directo	rs, officers, employees, and agents.

- I, the Participant or Guardian of the above-named participant, do hereby give my consent to my or his/her participation in all activities of Friends of Leaps and Bounds, non-profit organization, including but not limited to (horse camp, equestrian activity, interacting with animals, etc.) The Participant and/or the Guardian desire that the Participant engage in activities related to serving or participating in Friends of Leaps and Bounds activities as a volunteer, player or participant.
- The Participant and/or the Guardian are responsible for the Participant's own insurance coverage in the event of personal injury or illness as a result of service or participation in activities of Friends of Leaps and Bounds.
- Waiver and Release: We, the Participant and the Guardian, hereby waive, release and forever discharge and hold harmless FOLB, its officers, directors, employees and volunteer assistants, agents, successors or assigns from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, which arise or may hereafter arise from the activities as a participant with FOLB activities, including claims arising out of negligence. We understand and acknowledge that this Release Discharges FOLB from any liability or claim that we may have against FOLB with respect to bodily injury, personal injury, illness, death, or property damage that may result from the Participant's involvement in the FOLB's activities.
- This release extends to all claims, whether presently known or unknown. I hereby expressly waive any benefits I may have pursuant to Section 1542 of the California Civil Code
  relating to the release of unknown claims, which provides:
- "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release which if known by him must have materially affected his settlement with the debtor."
- Insurance: We the Participant and the Guardian, affirm that the Participant is covered by primary medical insurance and understand that we are responsible for the Participant's medical bills if injury occurs. Further, we understand that FOLB does not assume any responsibility for or obligation to provide the Participant with financial or other assistance, including but not limited to medical, health or disability benefits or insurance of any nature in the event of the Participant's injury, illness, death or damage to his or her property. We expressly waive any such claim for compensation or liability on the part of FOLB beyond what may be offered freely by FOLB in the event of such injury or medical expenses incurred by the Participant.
- · Assumption of Risk: We, the Participant and the Guardian, understand that the activities provided by
- FOLB and which the Participant is involved in may include activities that are inherently dangerous to the Participant, including but not limited to riding horses, interacting with animals, physical activities, etc.
- We hereby expressly assume the risk of injury or harm of the Participant from these activities and Release FOLB from all liability for injury, illness, death, or property damage resulting from these activities.
- Medical Treatment: We, the Participant and the Guardian, hereby Release and forever discharge FOLB from any claim whatsoever which arises or may hereafter arise on account of any first-aid treatment or other medical services rendered in connection with an emergency during the Participant's activity with the FOLB. We give our consent for the FOLB to provide, administer, or obtain medical treatment for the Participant.
- Other: We, the Participant and the Guardian, expressly agree that this Release is intended to be as broad and inclusive as permitted by the laws of the State of California and that this Release shall be governed by and interpreted in accordance with the laws of the State of California. We agree that in the event that any clause or provision of this Release is deemed invalid, the enforceability of the remaining provisions of this Release shall not be affected.

I, the undersigned, declare that the above information is true and accurate.	
Signature of Parent/Legal Guardian/Responsible Party	Date



# **RIDER PHOTO RELEASE**

I,, give my permission to use my child's name,
, likeness, image, voice, and/or appearance as such may be embodied in pictures,
photos, video recordings, audiotapes, digital images, and the like, take or make on behalf of Friends of Leaps &
Bounds Pediatric Therapy Inc. I agree that Friends of Leaps & Bounds Pediatric Therapy Inc. has complete
ownership of such pictures, etc. including the entire copyright and may use them for any purpose consistent
with the Leaps & Bounds Pediatric Therapy program mission. I acknowledge that I will not receive any
compensation, etc. for the use of these pictures etc. and hereby release Leaps & Bounds Pediatric Therapy Inc.
and any of its agents and assigns from any and all claims which arise or are in any way connected with such use
I give my consent to Friends of Leaps & Bounds Pediatric Therapy Inc. to use my name/child's name and
likeness to promote the program, its fiscal agent, and/or their activities. I consent to allow use in the
following ways:
·Social Media (Facebook & Instagram - @leapspedstherapy)
·Printed Materials (photos, illustrations, bulletins, publications)
·Promotional Material (advertisements, flyers, exhibitions)
·Videos
I decline use of my child's image, likeness, voice and/or appearance in any way.
I, the undersigned, declare that the above information is true and accurate.
Signature of Parent/Legal Guardian/Responsible Party  Date



# CODE OF CONDUCT POLICY

# Friends of Leaps & Bounds Pediatric Therapy CODE OF CONDUCT POLICY

Friends of Leaps & Bounds is committed to providing high quality services, and a safe and enjoyable environment. While on our campus or participating in our programming, the following will not be tolerated:

- · Violations of the law.
- Any activity that threatens the safety of children and their families, guests, or staff.
- Any activity that disrupts or threatens the safety of our program animals.
- Any activity that threatens the wellbeing of the property.
- Any activity that disrupts our pleasant, family-friendly environment.
- Any activity inconsistent with the general purpose of the property.
- Any activity that would disrupt the legitimate business of the property and guests.

#### Examples of specific activities that are prohibited include, but are not limited to:

- Disruptive profanity, vulgar or threatening language and/or tone and general disrespect for volunteers, staff, guests, and property owner.
- Unnecessary blocking walkways, roadways, or access points of the buildings or the property.
- · Excessive loitering.
- Smoking.
- · Accompaniment of non-service animals.
- · Possession of firearms or illegal weapons.

Friends of Leaps & Bounds Pediatric Therapy and its staff reserve the right to refuse service to individuals who do not cooperate with the organization's Code of Conduct policy at any time.

Campuses are privately owned property leased to our nonprofit program. Guests who do not act responsibly may be asked to leave. Persons who refuse to leave may be arrested and prosecuted for criminal trespass.

I, the undersigned, declare that the above information is true and accurate.		
Signature of Parent/Legal Guardian/Responsible Party	Date	



Memorial Day: May 26th

Independence day: July 4th

Labor day: Sept 1st

Thanksgiving + Day after: Nov 27th & 28th

Christmas + Day after: Dec 25th & 26th

# 2025

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# RANCH RULES

- No running, climbing, or jumping off anything on the ranch.
- No throwing rocks, balls, toys, or any other objects.
- Always maintain at least 10 feet of distance from horses at all times.
- No one is allowed on the ramps at any time, except for students with direct therapist/AR instructor supervision and direction.
- Minors should be supervised at all times and in a direct line of sight.
- All visitors must sign in, obtain, and wear a visitor badge in a visible area at all times. No exceptions.
- Parents, siblings, and visitors should remain in the designated seating areas unless visiting other animal stalls. (Please remember: no fingers in stalls)
- Parents, siblings, and visitors should not enter sheds unless directed and are not permitted in the arena, round pen, or in the designated tacking area at any time.
- Though we love the support, please allow your therapist or AR Instructor to direct your children during their time with us. Cheering for your child is always welcome.
- Pictures are allowed; however, please avoid photos of other patients/riders to protect the privacy of our friends.
- Please avoid bringing toys near the arenas while observing, particularly loud or fast-moving toys.
- Dogs are not permitted on campus, except for registered service dogs and dogs maintained in private residences on campus.
- Please do not feed our animals unless approved by a staff member for the animal and type of food.
- All gates are to always remain closed.
- Shoes are required at all times.

These rules are in place to keep you, your families, your children, our staff, and our animals safe. Just like you, our horses can be startled by unexpected movements, and though we train them to ignore these, we need your help to decrease incidents where this might be a factor. We strive to create an environment where everyone can feel safe and satisfied with the services your clients are receiving. Please help us maintain this environment by abiding by these rules, so we can help your clients grow by leaps and bounds!

